

Rural Branch May Day Outing

May Bank Holiday (4 May 2015) in South Wales

Don't be afraid of 8 bells!

We will guarantee some 6 bell ringing at the lighter eights

10:15-11:15	Ebbw Vale Reputed to be one of the best sounding eights in the country	(8, 24-3-15)	SO168088 NP23 6UJ
11:45-12:30	Mynyddislwyn Interesting white-washed tower on the top of a hill - beautiful views	(8, 12-1-4)	ST193939 NP12 2BG
12:50-14:30	Lunch at The Tredegar Arms, Bassaleg *** Menu attached if you want lunch ***		
14:30-15:15	Bassaleg Right next door to the pub	(8, 14-1-17)	ST277871 NP10 8LD
15:45-16:30	Caerleon Roman amphitheatre remains adjacent for any non-ringing friends	(8, 8-1-21)	ST339906 NP18 1AX
17:10-18:00	Shirenewton Nice light six on the way home to finish up with if you are feeling tired	(6, 5-2-2)	ST478935 NP16 6RQ

Please let Robin and Hilda (01454 319375 or robin.shipp@cantab.net) know if you are planning to attend and your menu choice (if appropriate) by Saturday 25 April



DELICIOUS
— AND GREAT VALUE —

**FOOD
MENU**

COOKED TO PERFECTION
— *Using our amazing* —

FLAME GRILL

NIBBLES

- MARINATED OLIVES IN CHILLI & GARLIC **V** **G** £2.45
- ORGANIC BLOOMER WITH CHILLI & GARLIC OLIVES **V** £2.95

Starters & Sharers



Calamari Squid



Whole Baked Camembert

- TOMATO & BASIL SOUP **V** **G** £3.85
Served with bloomer bread & butter. *Non-gluten bread available.*
- FLAME GRILL BUFFALO WINGS £4.95
Succulent wings flame grilled to perfection. Tossed in BBQ sauce or Piri Piri Hot & served with a blue cheese dip. **NEW RECIPE**
- BAKED STUFFED MUSHROOMS **V** £4.25
With a white wine & cream sauce, topped with watercress.
- CHICKEN LIVER PATÉ £4.15
With a dressed salad garnish, toasted bloomer bread, butter & an apple & date chutney.
- CALAMARI SQUID £4.85
Crumbed & served with a citrus mayonnaise & a dressed salad garnish.

- WHOLE BAKED CAMEBERT **V** **G** £9.45
Studded with rosemary & garlic & baked in the oven. Served with toasted bloomer bread, apple & date chutney & celery. *Non-gluten bread available.*

- HOUSE SHARING PLATTER £8.45
Garlic bread & cheesy garlic bread, onion rings, flame grilled chicken wings & seasoned fries. Served with a dressed salad garnish, BBQ & mayonnaise dips.

- CHICKEN PLATTER £8.95
Flame grilled chicken wings, chicken nuggets & poppin chicken, with seasoned fries, onion rings & a dressed salad garnish. Served with a choice of two sauces: BBQ & Piri Piri hot sauce.

Add garlic marinated butterfly prawns to any platter for £2.50

SIDES

- SEASONED CHIPS **V** £2.25
- SEASONED FRIES **V** £2.25
- ONION RINGS **V** £2.85
- BLOOMER & BUTTER **V** £1.35
- GARLIC BREAD **V** £2.95
- HOUSE COLESLAW **V** **G** £0.55
- MIXED SALAD **V** **G** £2.65
- BABY POTATOES **V** **G** £2.05
- SEASONAL VEG **V** **G** £1.75
- BASMATI RICE **V** **G** £2.25

Add cheese for 50p

PUB CLASSICS

Enjoy
2 meals

AVAILABLE ALL DAY
MONDAY TO SATURDAY

FOR ONLY

£11.45

* Look out for the special offer symbol & check carefully as some dishes may cost an extra £1.50

- SAUSAGES & MASH **2 FOR £11.45*** £8.65
Three pork sausages served with mashed potato, peas & gravy.

- HUNTER'S CHICKEN **2 FOR £11.45*** £8.95
A whole roast chicken breast topped with smoked streaky bacon, BBQ sauce & mature Cheddar cheese. Served with seasoned chips & a dressed salad garnish.

Hungry? Have a second chicken breast & more chips for £3

- SCAMPI & CHIPS **2 FOR £11.45*** £8.15
Scampi* served with seasoned chips, mushy peas or peas & tartare sauce.

- LASAGNE **2 FOR £11.45*** £8.95
British beef Italian red wine, tomato ragu between Italian lasagne, topped with béchamel sauce & cheddar cheese. **NEW RECIPE**

- PASTA ARRABBIATA **V** **2 FOR £11.45*** £7.95
Giant fusilli spirals in an arrabbiata tomato sauce & topped with watercress & cheese shavings. Add garlic bread for £1



Hand-Battered Cod & Chips

- HAND-BATTERED COD & CHIPS **2** £9.55
Our signature cod fillet, freshly hand-battered. Served with seasoned chips, mushy peas or peas & tartare sauce. Add bread & butter for £1.35

- BRITISH BEEF & ALE PIE £8.95
Chunks of prime British beef in a rich Ruddles Ale gravy topped with shortcrust pastry. Served with creamy mashed potato, peas & gravy.

- CHICKEN TIKKA MASALA £10.45
Chicken breast in a creamy, medium spiced massala sauce. Served with naan bread, wild & basmati rice, & mango chutney.

- CAULIFLOWER CHEESE TART **V** £8.45
Cauliflower florets, with a cheesy cream & mustard sauce, in a pastry case. Served with baby potatoes & house mixed salad.

STRAIGHT FROM OUR FLAME GRILL

Using our unique flame grill, we season & sear the meat to capture all the natural flavours, before flame grilling to add that extra BBQ taste.

Favourites

FLAME GRILL GAMMON & EGGS 2 FOR £11.45* £7.95

A thick cut gammon steak served with seasoned chips, peas & two free range fried eggs.

FLAME GRILL STEAK & FRIES 1 FOR £11.45* Plus £1.50 each £9.75

A classic dish: 4oz sirloin minute steak served with garlic & herb butter, with seasoned fries & watercress.

FLAME GRILL MIXED GRILL £11.65

Black Angus 29-day aged rump steak, gammon steak, chicken breast & sausages. Served with seasoned chips, peas, two free range fried eggs, grilled tomato & onion rings.

FLAME GRILL CHICKEN & BACON CAESAR SALAD £8.45

Cos lettuce, Caesar dressing & toasted croutons. Sprinkled with cheese shavings & topped with a succulent flame grilled chicken breast & smoked streaky bacon. **NEW RECIPE**

🌱 Make it a vegetarian salad by removing the chicken & bacon £7.45.



Flame Grill Chicken & Bacon Caesar Salad



Steak Frites



*Burger,
Chips &
Drink*

£8.45

Classic, Chicken & Veggie

£9.95

Salmon, Classic with cheese & bacon, Meat Feast

ALL DAY MONDAY TO SATURDAY

Burgers

All our burgers are flame grilled & served in a glazed, seeded brioche bun with mayonnaise, seasoned fries, gherkin, salad garnish & our house coleslaw. All beef burgers are 100% beef.

FLAME GRILL GOURMET BURGER £9.95

Flame grilled beef burger topped with cheese, bacon & beer jam & deep fried battered bacon.

CLASSIC FLAME GRILL BEEF BURGER £7.45

CLASSIC FLAME GRILL BURGER WITH CHEESE & BACON £8.95

FLAME GRILL CHICKEN BURGER £8.95

Chicken breast topped with streaky bacon & melted cheddar.

THE FLAME GRILL VEGGIE BURGER 🌱 £7.75

Flame grilled mushroom & haloumi with a blue cheese topping.

FLAME GRILL MEAT FEAST £9.95

Flame grilled beef burger topped with BBQ pulled pork & cheese.

FLAME GRILL SALMON BURGER (AND A HINT OF LEMON) 🍋 £9.15

Add a burger topping for £1 each:

Cheese 🌱	Hunter's Topper
Bacon	Fried Egg 🌱
Cheese, Chilli & Pepper Sauce 🌱	Sautéed mushrooms 🌱

DRINK CHOICES FOR OUR DEALS



UPGRADE YOUR DRINKS DEAL...

Add 50p Large glass of Coca-Cola, Diet Coke or Schweppes lemonade

Add £1.00 Peroni, San Miguel & Amstel

Add £1.50 Large glass of El Mazo wine (250ml)

See Terms & Conditions. Where not stocked, an alternative will be offered.



Rump Steak

CREATE YOUR OWN FLAME GRILL DISH

The finest Black Angus beef cooked to perfection on our famous grill. Our unique flame grill seals the meat to capture all the natural flavours. Our chefs then ensure that your meal is cooked exactly how you like it.

1

CHOOSE YOUR GRILL:

- 8oz RUMP STEAK £10.45
Hungry? Double up to 2x 8oz rumps for £4.00
- 8oz SIRLOIN STEAK £12.45
- 10oz RIBEYE STEAK £13.95
- 7oz FILLET STEAK £14.95

Surf & Turf

Make any of your steaks a "Surf & Turf" by adding three of our succulent garlic marinated butterfly prawns. **£2.50**

- SUCCULENT CHICKEN BREAST £9.95
- 8oz LEG OF LAMB STEAK £11.45
- FULL RACK OF RIBS £12.95
- SCOTTISH SALMON FILLET £10.45

2

CHOOSE YOUR SIDE:

- SEASONED CHIPS
- SEASONED FRIES
- BUTTERED BABY POTATOES
- CREAMY MASHED POTATO
- LEMON SCENTED BASMATI & WILD RICE

3

CHOOSE YOUR VEG OR SALAD:

- SEASONAL VEGETABLES
- BUTTERED PEAS
- MIXED SALAD WITH A LOW FAT CITRUS DRESSING
- CAESAR SALAD
- CRUNCHY HOUSE COLESLAW

Want something lighter?

Try our alternative grill accompaniment. A large house salad instead of a side & veg or salad.

4

CHOOSE YOUR SAUCE:

- PEPPERCORN & COGNAC
- PIRI PIRI HOT
- DIANE
- SMOKIN' BBQ
- GARLIC & LEMON
- CHARDONNAY & CHIVE

Replace your sauce with half a grilled tomato & onion rings

Add a Drink

When you buy any flame grill dish from this section.

NOW ALL DAY EVERYDAY!

£1

SANDWICHES

Delicious Sandwiches - Served on organic white bloomer, wholemeal or non-gluten bread with a citrus dressed salad garnish. Choose from:

- OUR CHEESY SANDWICH** V G £4.25
Mature Cheddar cheese, tomato & red onion.
- CLASSIC CHICKEN SANDWICH** G £4.95
Flame grilled chicken breast, smoked streaky bacon, mature Cheddar cheese & mayo.
- HUNTER'S CHICKEN** G £4.95
With smoked streaky bacon, mature Cheddar cheese & BBQ sauce.

Sandwich,
Chips &
Drink

CHEESE, HUNTER'S, PORK, BLTA

£6.95

CLASSIC CHICKEN OR THE FISH ONE

£7.45

AVAILABLE ALL DAY EVERYDAY

- PULLED PORK** G £4.65
BBQ pulled pork with crunchy house coleslaw.
 - BLTA** G £4.95
Smoked streaky bacon, lettuce, tomato & avocado.
 - THE FISH ONE** F £5.15
Hand battered cod goujons with tartare sauce. NEW RECIPE
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- RUMP STEAK MELT** G £5.95
Black Angus 28-day aged rump steak with sautéed onions & melted cheese.



The Fish One

DESSERTS

- KENTISH APPLE & BLACKBERRY CRUMBLE PIE** V £3.95
Served with custard or vanilla ice cream.
- STICKY TOFFEE PUDDING** V £4.85
Served with custard or vanilla ice cream.
- CHOCOLATE FUDGE CAKE** V £4.25
Generous & indulgent! Served with vanilla ice cream.
- TRIO OF BELGIAN CHOCOLATE** £4.65
White chocolate & raspberry tart, burnt orange cheesecake & a chocolate salted caramel torte. Served with a rich chocolate sauce.
- RICH BLACK FOREST GATEAU CHEESECAKE** V £4.85
Served with a black cherry compote.
- SICILIAN LEMON MERINGUE PIE** V G £4.95
Served warm with vanilla ice cream.
For every Lemon Meringue Pie sold, we will donate 20p to Macmillan Cancer Support.
- CHOCOLATE COATED POPCORN ICE CREAM SUNDAE** V G £4.35
Vanilla ice cream loaded with chocolate coated popcorn, chocolate sauce & topped with cream.
- LOW-FAT FROZEN STRAWBERRY YOGHURT** V G £2.55
Two scoops of luscious, rich & smooth frozen strawberry yoghurt.
- PINEAPPLE, RUM & RAISIN TARTE TATIN** V £4.95
Served warm with vanilla ice cream.



Sticky Toffee Pudding



Black Forest Cheesecake

TEA & COFFEE

Relax with a hot drink... choose from our fine selection of teas & qualityilly coffee available at the bar.

- TEA** £1.65
- TEAPOT FOR TWO** £2.45
- AMERICANO** (reg) £1.95 (large) £2.15
- CAPPUCCINO** (reg) £2.15 (large) £2.50
- LATTE** (reg) £2.15 (large) £2.50
- ESPRESSO** (single) £1.65 (double) £2.05
- MACCHIATO** £2.15
- MOCHA** (reg) £2.15 (large) £2.50
- HOT CHOCOLATE** (reg) £2.15 (large) £2.50
- LARGE DELUXE HOT CHOCOLATE** £2.85
With whipped cream, mini marshmallows & flake.

SENIORS' MENU

AVAILABLE MONDAY - FRIDAY 12-5PM

2 COURSES £5.95 3 COURSES £6.95

A selection of smaller portion pub favourites just for you!

STARTERS

TOMATO & BASIL SOUP   Served with bloomer bread.
(Non-gluten bread available)

CHICKEN LIVER PATE Served with toasted bloomer bread.

MAINS


HUNTER'S CHICKEN Half a chicken breast with bacon, cheese & BBQ sauce & seasoned chips


LIVER & ONIONS Sautéed lambs liver in onion gravy with mash potatoes & peas.

***SCAMPI & CHIPS**  Served with seasoned chips & peas.

SAUSAGE & MASH Pork sausages with mash & vegetables.

GAMMON & EGG Thick cut gammon with an egg & seasoned chips.

CAESAR SALAD  Lettuce, Caesar dressing, croutons & cheese shavings.

COD & CHIPS  Cod fillet hand battered with seasoned chips & peas.

DESSERTS

CHOCOLATE FUDGE CAKE   Served with vanilla ice cream.




VANILLA ICE CREAM   Drizzled with chocolate sauce.

BRAMLEY APPLE PIE  Served with warm custard.

PERFECT ROASTS



ADULTS £9.75 KIDS £3.95

 Vegetarian  Non-gluten  May contain bones

FULL ALLERGEN INFORMATION IS AVAILABLE ON REQUEST

*Terms & Conditions: We serve food for a minimum between 12noon - 0pm Monday to Sunday, selected dishes will have extended hours. Prices shown include VAT at the current rate. All weights are approximate prior to cooking. Metric equivalent: 16oz = 1lb = 454g. Please be aware that all our dishes are made in kitchens where nuts and gluten are present as well as other allergens and therefore we cannot guarantee that any food item is completely free from traces of allergens. For any specific dietary requirements please ask a member of staff before placing your order. If you are ordering non-gluten bread, please ask the server which sandwich fillings have no gluten containing ingredients. Our chips and fries are served pre-seasoned. Menu descriptions may not list full dish content. Photography for illustrative purposes only. Meals and meal deals are subject to availability. T & Cs continued...

Kids' Meals

We are passionate about preparing high quality food, offering healthy options & ensuring we use the best ingredients to feed your little ones.

1 CHOOSE YOUR FAVOURITE

100% COD GOUJONS 	£2.99
100% CHICKEN NUGGETS	£3.49
100% ROAST CHICKEN BREAST 	£2.99
BBQ CHICKEN 	£3.49
TWO PORK SAUSAGES	£3.49
MACARONI CHEESE BITES 	£2.99

2 PICK YOUR SIDE

MASHED POTATO 	SEASONED CHIPS 
BUTTERED BABY POTATOES 	BASMATI RICE 

3 CHOOSE YOUR VEGTABLES OR SALAD

PEAS 	SALAD 	HEINZ BAKED BEANS 
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4 ADD A DESSERT FOR JUST 99P

VANILLA ICE CREAM 	Served with chocolate sauce.
PEACH & PEAR FRUITY POT 	Vanilla ice cream with chocolate sauce.
MINI CHOCOLATE POPCORN SUNDAE 	Served with chocolate sauce & whipped cream.

Get any kids meal... WITH A DESSERT & DRINK FOR ONLY **£4.45**

AVAILABLE ALL DAY EVERYDAY



*Terms & Conditions continued: 2 for £9.99 available Mon-Sat all day only on dishes advertised with the meal deal symbol. Burger & a Drink available Mon-Sat all day. Flame Grill Dish & a Drink available all day every day. The Scampi is made from more than one whole tail. Sunday roast only available every Sunday, subject to availability - please ask for details. All offers available at the price points advertised on the menu. 'Coca-Cola' and the Dynamic Ribbon are registered trademarks of The Coca-Cola Company. 'Schweppes', the Fountain Device and the 198 graphics are registered trademarks of Atlantic Industries. The British Guideline Daily Amounts Women 2000 kcal, Men 2500 kcal. If you have any queries, comments or suggestions please do not hesitate to contact us at Greene King Pub Company, PO Box 337, Bury St Edmunds, Suffolk IP33 1QT.

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